



## FREQUENTLY ASKED QUESTIONS

### 1. What is it?

- a. LOW KEY PURSUITS is our version of a virtual race mixed with a local guidebook. We've selected 18 awesome trails for you to run and test your times against other runners/hikers/bikers. You can choose from 10 trails or 5. For the bikes, you can only go on trails that are NOT wilderness. No porta potty lines, start gun, or early mornings required. You've got four months to complete the routes at your own pace.
- b. NEW THIS YEAR each route has been given a dollar value. For each route you complete and log, we'll donate that dollar value to our friends at Beartooth Recreational Trails Association.

### 2. How does it work?

- a. You sign up, complete the routes in any order you want, submit your time, we party at the end of the summer.

### 3. How do I sign up/How much does it cost?

- a. The race series is TOTALLY FREE and you can sign up directly at <https://runsignup.com/Race/MT/RedLodge/LOWKEYPURSUITS> or visit our website [www.redlodgeevents.com](http://www.redlodgeevents.com) or find us on Facebook.
- b. Event swag will be available for purchase.
- c. We do not profit off this race. Our goal is to get people of all ages, abilities, and disciplines out moving in our wild backyard. If you'd like to support the event, you can donate at registration to our charity partner: [Beartooth Recreational Trails Association](#).

### 4. How do I submit results?

- a. Each participant is responsible for submitting their results. Both RunSignUp (where you registered) and our website have the links. It is

best to submit your results right after you complete a trail so you don't forget! We'll be sending out bi-weekly emails starting the 2nd week of June to remind people to submit results and provide updated standings.

- b. [https://docs.google.com/forms/d/e/1FAIpQLSf7VC6MjY9ZUCNOzSOdPOFpmlv7xy4wHarnRNoyqO3zRlmeow/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSf7VC6MjY9ZUCNOzSOdPOFpmlv7xy4wHarnRNoyqO3zRlmeow/viewform?usp=sf_link)

## 5. How will you know I'm not cheating?

- a. We won't, but it would be pretty lame if you did. This event is all about getting people moving outside. By adding a component of friendly competition, we hope to inspire people to get on the trails not to cheat. We believe karma will take care of cheaters...also the prizes really aren't worth cheating for.

## 6. Do I have to complete the routes in order?

- a. Nope! Complete the routes in any order you'd like. Keep in mind, some trails take longer for the snow to melt out than others.

## 7. Can I walk?

- a. Of course! You can run/walk/hike/skip whatever you'd like. You can also bike but only on trails that are NOT wilderness! If you are explicitly walking/hiking and don't typically time yourself, no worries, we've got a walking option when submitting results that doesn't require a time.

## 8. How do I find info on the trails?

- a. [You can find info on the trails here.](#) We also recommend the following resources:
  - i. [Custer Gallatin Forest Service](#)
  - ii. [TrailForks](#)
  - iii. [Beartooth Recreational Trails Association](#)
  - iv. [AllTrails](#)
  - v. Sylvan Peak Mountain Shoppe -one of our sponsors and they usually have the best beta on trails melting out. You can subscribe to their trail report email here:  
<http://www.sylvanpeak.com/summer-trail-conditions.html>
  - vi. Day Hikes in the Beartooth's by Robert Stone
    - 1. Available at Sylvan Peak (shop local!)

## 9. What if my watch says a different distance?

- a. You can wear 3 different watches on the same trail and get 3 different distances. For purposes of this event, we are basing mileage off the distances marked by the US Forest Service. Seems official, seems legit. Please still submit your time regardless of distance displayed on watch (assuming you completed the trail as described, see item 7).

10. **I don't have a watch or smart phone, can I still participate?**
  - a. Heck yeah! Again, this is for fun. Still submit the routes that you've completed, no time recording necessary.
11. **When can I start running?**
  - a. May 1st. However, most of the trails won't be melted out until mid-to-late June. Sylvan Peak keeps great tabs on trails if you're feeling eager and live far away. You can resubmit times for the same route so if bad weather or snow slow you down, no worries.
12. **Can I run with friends? Even if they aren't signed up?**
  - a. Yes! Running with friends is awesome and encouraged (some trails we prefer you don't run alone due to bears). No worries if they aren't signed up, it just means their times aren't recorded but the fun is!
13. **Can I re-run routes and submit better times?**
  - a. Yes. You can rerun routes as many times as you'd like and submit new times. Our dollar value donation to BRTA will only be given once (so if you run it three times, we only donate once)
14. **Can I complete more routes than I signed up for?**
  - a. Yes! Get out on those trails!
15. **What kinds of awards are there/how do I win?**
  - a. You win because you're outside on the trails having fun. You win because BRTA is working hard to improve trails and build new ones for us to enjoy.
  - b. We've got some great awards lined up. Like fastest male/female for each route, overall fastest times, fastest to complete all routes, earliest completion date, mid-pack/average Joe awards, dog awards, etc. Plenty of chances to get your hands on some goods!
16. **How will awards be given?**
  - a. Our goal is to host a party in September at Red Lodge Ales.